

A photograph of a winter forest. The trees are heavily laden with snow, and the ground is covered in a thick layer of snow. The sky is a pale, overcast blue. The overall scene is serene and cold.

January/February
2020

Edition of the LJHS
Circuit Rider!

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Heart Hunt

In this edition of the LJHS Circuit Rider, there are hearts, like the one below, hidden throughout the pages. The one below and different styles of hearts do no count. If you think you found them all, go to Mrs. Workman's room, room 314. The first three people to find all the hearts get a prize.



By: Carissa
Sprinkel

Editor's Page

Emma Petro - Main Editor - Hi guys! Welcome back, we have some great stories to tell for our January - February LJHS Circuit Rider. I hope you enjoy them; we all worked really hard.

Jack Soloman - Assistant Editor - Hey, everybody, it's me Jack, again. I just want to say hey and hope y'all enjoy this edition of the LJHS Circuit Rider. We at the Circuit Rider team worked hard for you students to enjoy it. Happy reading and Happy 2020.

Carissa Sprinkle - Co Assistant Editor - Thank you for reading the January/February edition of the LJHS Circuit Rider. I hope you like it.

Staff Page

Emma Petro - Main Editor/Page Maker

Jack Soloman - Assistant Editor/Page Maker

Carissa Sprinkel - Co-Assistant Editor/Page Maker

Karlee Allen- Supervisor/ page maker

Sydney Loeffler - Page maker

Reece Winebrinner - Page Maker

Logan Pumfrey - Page Maker

Jewel McDonnell - Page Maker

Mrs. Workman - Sponsor





Guest House Coffee

Guest House is the coffee shop of Lincoln; they serve coffee and pastries. If you ask me, I recommend the cookies and cream creme. The pastries are really good too; they serve cookies, scones, cake, cupcakes, and other pastries that are really good. I recommend this place to coffee lovers and people with a sweet tooth.

guest house

— COFFEE AND PASTRIES —

Sydney Loeffler

Dress Up Your Pet Day

Dress Up Your Pet Day is a national holiday on January 14. You don't have to wait till Halloween to dress your pet up in costumes. You can dress your Lab, Yorkie, Dachshund, Chihuahua, Bulldog, Pug, or German Shepherd in fun costumes.



By: Jack Soloman

Welcome back to “What is A?” Tik Tok edition




Today we are doing What Is A Artsy TikTok Girl? Artsy TikTok girls are females who wear ripped jeans, flannels, and dye their hair. Artsy girls often do athstetics and bedtime routines, such as, them taking a shower and picking out their outfit for the next day. Be sure to read the next LJHS Circuit Rider “What is A?”



By:Reece
Winebrinner

Welcome back to “What is A?” Tik Tok edition

Today we are asking, What is a Soft Girl! The soft aesthetic on Tik Tok is quite popular to  teenagers. The style consists of pastel colors and light clothing, often for a more light look. Be sure to read the next LJHS Circuit Rider “What is A?”



By: Sydney Loeffler

Monthly Horoscope- Signs As Animals

What are the signs as animals?

Capricorn- a bird!

Aquarius- a snake!

Pisces- a sloth... woo hoo?!

Aries- a bear! You are strong and ferocious!

Taurus- a giraffe! (forgot how to spell that for a minute)

Gemini- a unicorn!

Cancer- a koala!!!!!!!!!!

Leo- a lion! you are loyal and fierce
(the name gave it away)

Virgo- a house cat!

Libra- a dolphin!

Scorpio- a dragon!

Sagittarius- leopard!

Monthly Horoscope

The signs as holidays!

Capricorn- Martin Luther King Jr. Day

Aquarius- Columbus day

Pisces- Labor day

Aries- Veteran's Day

Taurus- Halloween

Gemini- Valentine's Day

Cancer- Christmas Day

Leo- New Year's Eve

Virgo- Thanksgiving

Libra- President's Day

Scorpio- only if Friday the 13th was a holiday

Sagittarius- The 4th of July



By: Karlee Allan



Monthly Horoscope

By: Logan
Pumfrey

Breakup Songs for Every Zodiac

Aquarius: "Send My Love To Your New Lover" - Adele

Pisces: "Slow Dancing In A Burning Room" - John Mayer

Aries: "Since U Been Gone" - Kelly Clarkson

Taurus: "55th and 3rd" - Kenny Chesney

Gemini: "Problem" - Ariana Grande (ft. Iggy Azalea & Big Sean)

Cancer: "Thinking Of You" - Katy Perry

Leo: "Run The World (Girls)" - Beyoncé

Virgo: "It Ain't Me" - Kygo feat. Selena Gomez

Libra: "White Horse" - Taylor Swift

Scorpio: "Before He Cheats" - Carrie Underwood

Sagittarius: "So What" - Pink

Capricorn: "All By Myself" - Celine Dion

Student Interviews

Interviewed by
Karlee Allen

This month, our guest is a model student; she gets good grades and works hard inside and outside of the classroom. Give a warm welcome to Eighth Grader Corinne (Corn) Ewenson!

Q: So, Corinne, what extracurriculars do you like to do?

Corinne: Um... I'm in Builder's club, and that's a lot of fun cuz I get to hang out with Rammy and help the school & students!

Q: How do you keep up on your grades?

Corinne: Just make sure that you ask for help and always try your best, but don't force yourself to do extremely well on everything... if that makes sense, does that make sense?

Q: What are you excited for about this year?

Corinne: Um... I'm really excited to learn more, and I'm excited about the eighth grade trip and graduation!

Q: If you could say anything to anyone in the school, what would it be?

Corinne: Ummmm... uh... can it be too a teacher? (yes) I would tell Mr. Lanning that he is my best friend!





Student Interviews!

Our next guest is a very good student who everyone likes, Aalyah Johnson.

Q: What are you excited for in the last two quarters?

A: um... I'm excited for the volleyball games and track season. I'm excited for it to almost be new year... That's it.

Q: What sports are you in/trying out for?

A: Volleyball and track... I'm doing band but that's not a sport.

Q: What is your FAVORITE 7th grade class?

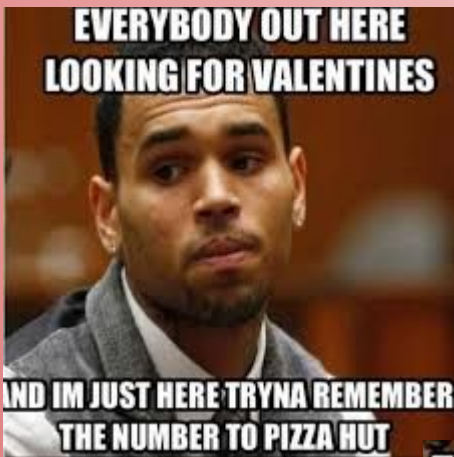
A: Math, m... and Stem.

Q: Did you enjoy STEM this year?

A: Yes, it was fun.

Q: What is your opinion on the things we study in Health?

A: I hope we don't talk about, like... babies. Also, some the things we talk about are disturbing.



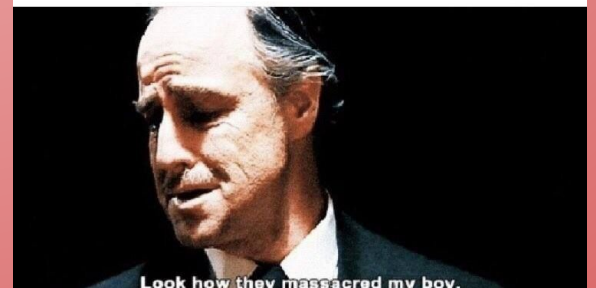
When your making a meme in public and people start staring at your screen



By:LJHS Circuit Rider Staff



When you give your big eraser to your friend and he stabs holes in it with his pencil



Songs Released in Jan/Feb

Jan. 21, 1983: Sweet Dreams (Are Made of This) -
Eurythmics

Feb. 7, 1984: Radio Ga Ga - Queen

By: Logan
Pumfrey

Feb. 14, 2006: SOS - Rihanna

Feb. 26, 2010: Lights - Ellie Goulding

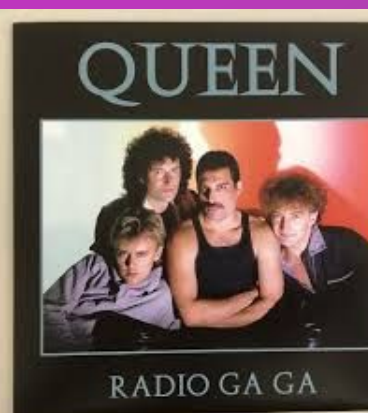
Feb. 11, 2011: Born This Way - Lady Gaga

Feb. 26, 2013: Just Give Me A Reason - P!nk ft.
Nate Ruess

Jan. 13, 2015: Sugar - Maroon 5

Jan. 30, 2019: Bury A Friend - Billie Eilish

Feb. 14, 2019: 365 - Katy Perry ft. Zedd



January Celebrity Birthdays

1. Mr. Lawrence
2. Dax Shepard
3. Mel Gibson
4. Jaeden Martell
5. Bradley Cooper
6. Arin Hanson
7. Rebecca Felgate
8. Stephen Elvis
9. Sean Paul
10. George Foreman
11. Mary J. Blige
12. Zayn Malik
13. Orlando Bloom
14. Dan Schneider
15. Pitbull
16. Aaliyah
17. Steve Harvey
18. Karan Brar
19. Edgar Allan Poe
20. Evan Peters
21. Jerry Trainor
22. Logic
23. Xxxtentacion (RIP)
24. Ed Helms
25. Alicia Keys
26. Ellen DeGeneres
27. Mozart
28. Maluma
29. Oprah Winfrey
30. Christian Bale
31. Justin Timberlake

**By: Emma Petro and
Logan Pumfrey**

February Celebrity Birthdays

1. Harry Styles
2. Shakira
3. Daddy Yankee
4. Charles Lindbergh
5. Bobby Brown
6. Bob Marley
7. JackSepticEye
8. Seth Green
9. Tom Hiddleston
10. Chloë Grace Moretz
11. Jennifer Aniston
12. Abraham Lincoln
13. Sophia Lillis
14. Madison Iseman
15. Chris Farley
16. The Weeknd
17. Ed Sheeran
18. John Travolta
19. Victoria Justice
20. Rihanna
21. Alan Rickman (RIP)
22. George Washington
23. Josh Gad
24. Steve Jobs
25. Carrot Top
26. Nate Ruess
27. Josh Groban
28. Jason Aldean
29. Mark Foster

**By: Emma Petro
Logan Pumfrey**

Valentine Gift Ideas



By: Reece Winebrinner



Happy Valentine's Day!



Fun Facts About Everyone in The LJHS Circuit Rider

Sydney Loeffler - I play a bass clarinet.

Reece Winebrinner - I have a bearded dragon named Juno.

Carissa Sprinkel - I have 5 pets.

Jack Soloman - I am a world renowned rapper.

Emma Petro - I went to a leadership summit at Yale University over the summer of 2019.

Logan Pumfrey - I met Katy Perry when I was in 3rd grade.

Karlee Allen- I have 9 siblings... yea.

Jewel McDonnell- I am a pterodactyl and a unicorn mixed.

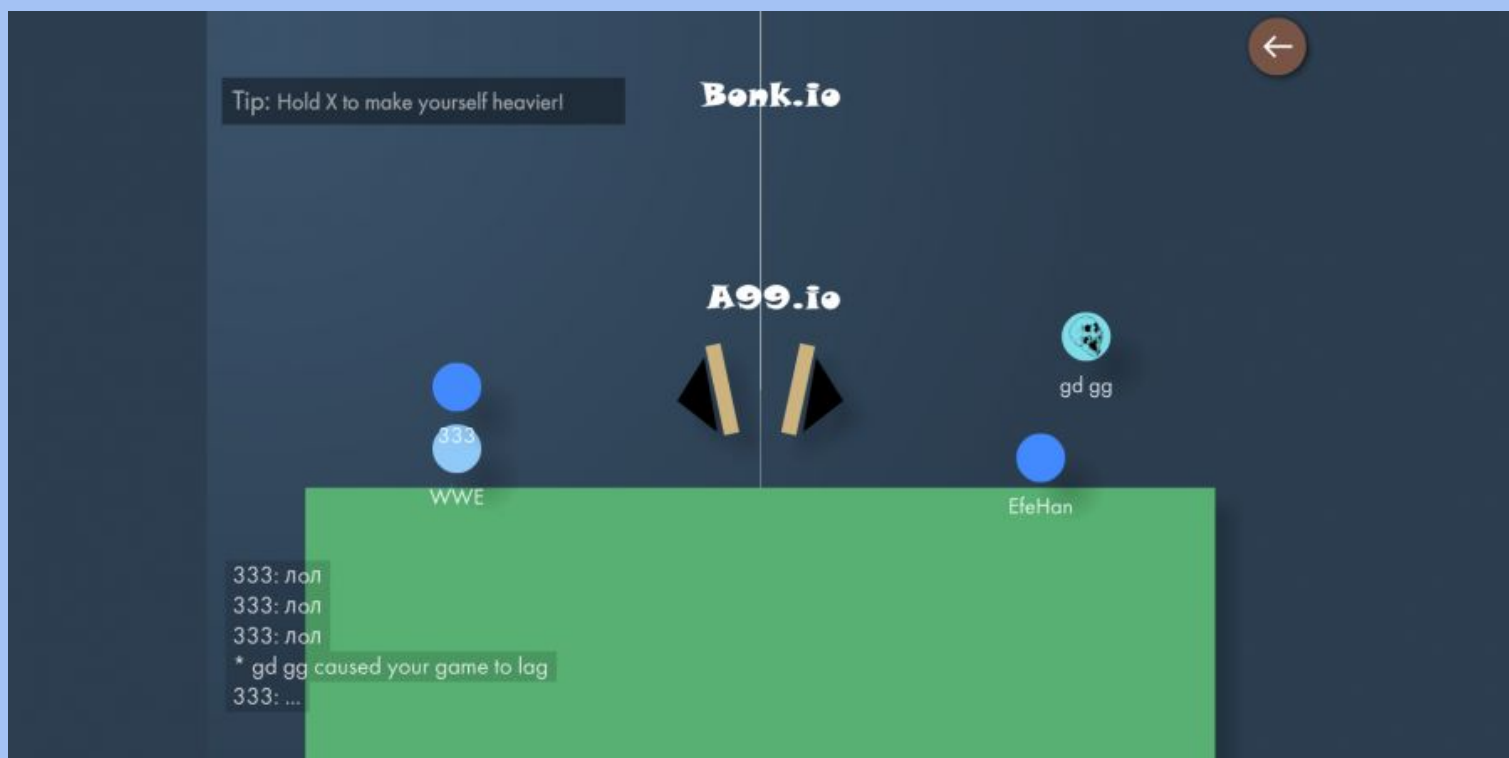
By: Sydney Loeffler

Bonk.io

Sydney Loeffler



The game Bonk.io is a extremely popular game at the moment, so many students play this game at lunch with their group. In this game your character is a ball; you win by bonking someone off the ledge or by making goals.



R.I.P Juice Wrld

Juice Wrld was born on December 2, 1998, and died on December 8, 2019. He was only 21 when he died of a seizure. His real name was Jarad Anthony Higgins. Some of his most popular songs include: Bandit, Lucid Dreams, Hate Me, and Robbery.



By: Karlee Allan

R.I.P Stan Lee

Stan Lee was born December 12 and, sadly, died November 12. He was a comic book writer, editor, publisher, and producer. He was the Marvel Comic writer. He rose to fame with heroes like Iron Man, Black Panther, The Hulk, Captain America, and Spiderman. He died in 2018 of congestive heart failure. He was a superhuman. R.I.P.



BY: JACK SOLOMAN

Top Five Valentine's Day Candies

1. Chocolate Hearts
2. Sweethearts
3. Heart Lollipops
4. Gummy Hearts
5. Marshmallow Heart



By: Carissa
Sprinkel

Words of the Months

Whippersnapper - A young and inexperienced person considered to be presumptuous or overconfident.

By: Jack Soloman

Flummox - Perplex (someone) greatly; bewilder.

Top 5 Cat Breeds



1. Persian Cat



2. Bengal Cat



3. Siamese Cat



4. Sphynx Cat



5. Bengal Cat

By: Reece Winebrinner



Holidays in January



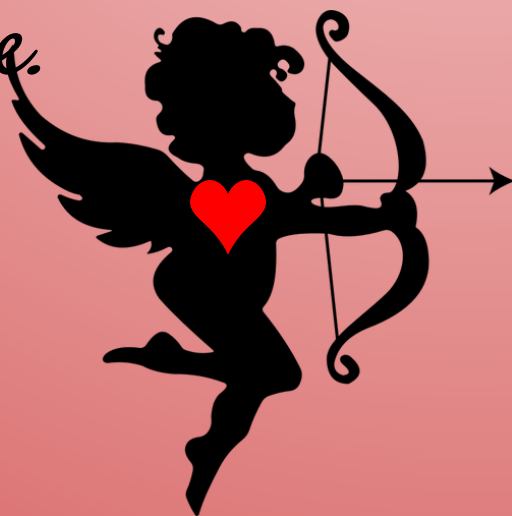
1. New Year's Day
2. National Buffet Day
3. National Fruitcake toss day
4. National Spaghetti Day
5. National Bird Day
6. National Bean Day
7. National Bobblehead Day
8. National Bubble Bath Day
9. National Apricot Day
10. National Save the Eagles Day
11. National Arkansas Day
12. National Sunday Supper Day
13. National Rubber Duck Day
14. National Dress Up Your Pet Day
15. National Bagel Day
16. National Fig Newton Day
17. National Bootlegger's Day
18. National Michigan Day
19. National Buttercrunch Day
20. National Popcorn Day
21. Martin Luther King Jr. Day
22. Nationals Hugging Day
23. National Blond Brownie Day
24. National Handwriting Day
25. National Compliment Day
26. National Florida Day
27. National Green Juice Day
28. National Bubble Wrap Day
29. National Kazoo Day
30. National Croissant Day
31. National Backward Day



**By: Reece
Winebrinner**

Why Is Cupid Associated With Valentine's Day?

In Roman mythology, Cupid is the son of Venus, the goddess of love and beauty, and he is known as the god of affection. Legend has it that Cupid shoots magical gold-tipped arrows at gods and humans alike by piercing their heart with an arrow. He causes individuals to fall deeply in love.



By: Jack Soloman

New Year's Resolutions!

New Year's resolutions are very common for people to do. Sometimes it is hard to stick with it, but you got this!

Eat healthier

Save Money

Talk with family more

Hang out with friends

Get a hobby

Exercise

Focus on self care

By: Reece Winebrinner

Pennsylvanian People Celebrating A Rodent

Groundhog Day has been celebrated in Punxsutawney since 1887. As the story goes, if a groundhog emerges from his burrow on February 2nd and sees his shadow, winter will last another six weeks. If he doesn't see it, an early spring is around the corner.

By: Jack Soloman



Congratulations

2019-2020 LJHS

Volleyball Players

6th Grade Members - Lillian Carrillo, Alyssa Anderson, Emma Vannoy, Kyleigh Whitehead, Zoey Meyers, Makenya Brown, Aariah Buggs, Ashlyn Durkee, Brenley Bruns, Destinee Boitt, Skylar Eeten, and Maliah Stancle.

7th Grade Members - Audrey Meister, Aalyah Johnson, Ivy Sandel, Makinley Knapp, Kristen Meyers, Zariah Evans, , Hope Tippett, Shiyah Carter, Trinity Morgan, Gracie Helfer.

8th Grade Members - Emma Petro, Avery Rawlins, Addison Rawlins, Addison Qualters, Tayrn Stoltzenburg, Tamari Pressoir, Madison Bohannon, Hailie Koontz, Brynley Laubenstein, and Delaney Park.

Managers - Alissa Baldwin, Lauren Ewins, and Brianna Harmon.

January Student Birthdays

Chloe Hutton - 8th - January 1st

**Alyssa Buffington - 8th - January
6th**

Myra Brown - 7th - January 9th

Ally Meagher - 7th - January 19th

February Student Birthdays

Circuit Rider's very own **Logan**

Pumfrey - 8th - February 1st

Ella Hartman - 8th - February 3rd

Errick Knowles - 6th - February 8th

Micah Gitelson - 7th - February 11th

Shaniya Pink - 6th - February 12th

Addison Sidell - 6th - February 15th

Lillian Carrillo - 6th - February 18th

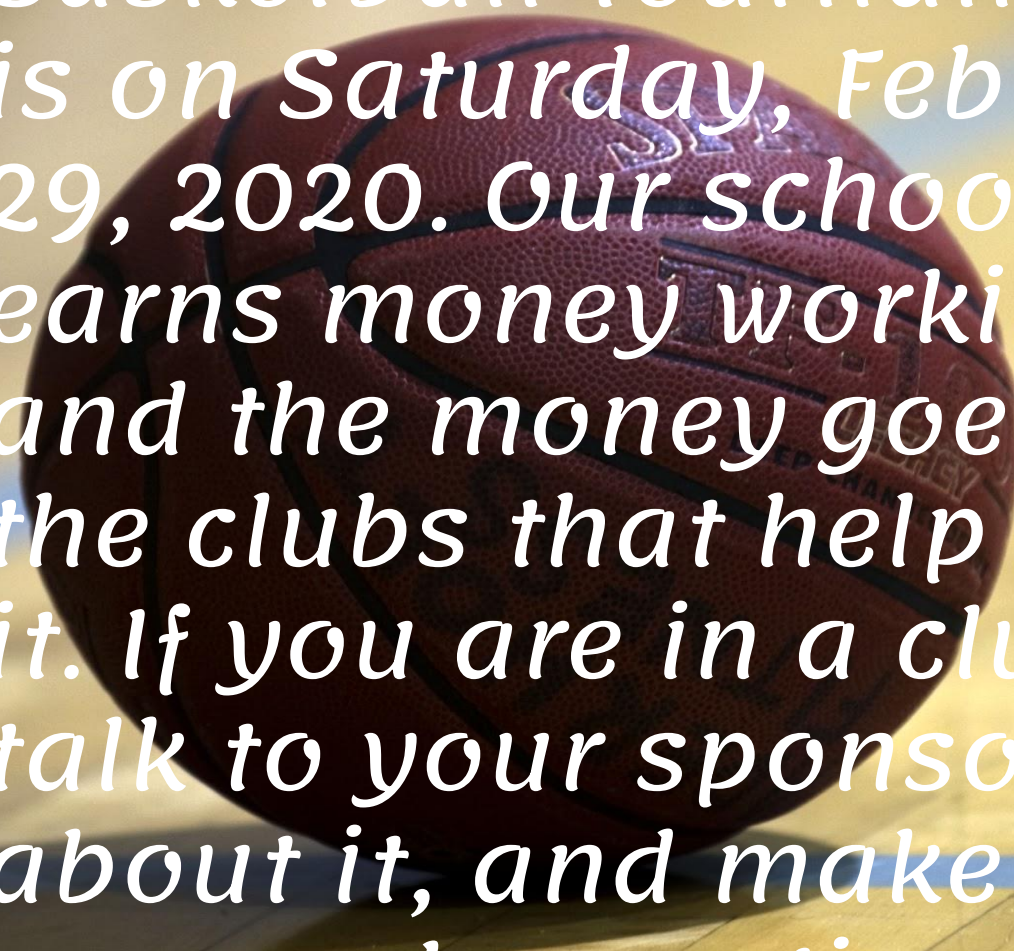
Landon Carrillo - February 18th

Brenley Bruns - 6th - February 20th

Izzy Miller - 7th - February 26th

Addison Treakle - 6th - February 28th

John Welsh Basketball Tournament

A close-up photograph of a basketball resting on a wooden court floor. The basketball is dark brown with visible texture and some faint markings. The background is a blurred wooden floor with a blue line.

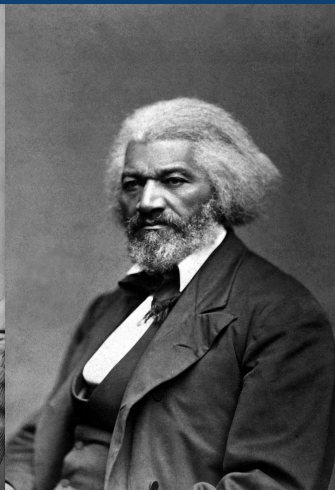
The John Welsh Basketball Tournament is on Saturday, February 29, 2020. Our school earns money working it, and the money goes to the clubs that help work it. If you are in a club, talk to your sponsor about it, and make sure you work your time slot! See ya there!

Emma Petro

FEBRUARY IS BLACK HISTORY MONTH

Black History Month is an annual observance originating in the United States, where it is also known as African-American History Month. Prominent African Americans include: Barack Obama, Oprah Winfrey, Beyonce, Langston Hughes, Frederick Douglass, Tina Turner, Will Smith, Stevie Wonder, Ed Murphy, Jay-Z, Chris Rock, Kobe Bryant, Louis Armstrong, Kevin Hart, Whoopi Goldberg, Snoop Dogg, and Ray Charles.

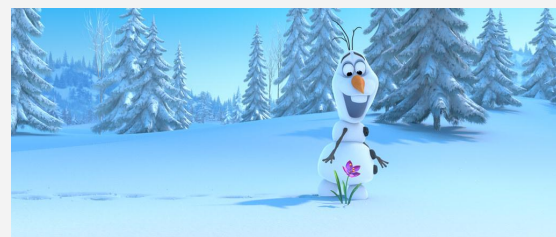
By: Jack S



Frozen 2 Movie Review

Hello, I am reviewing the movie Frozen 2. I think this movie is VERY predictable; the movie was still fine. I rate it a 7/10, I thought it was better than the original Frozen; but the original Frozen is still iconic.

Overall, this movie was a 7/10, it was, to me, better than the original one. Furthermore, I think there is a better story than the first.



By: Sydney
Loeffler



Cute Winter Clothes



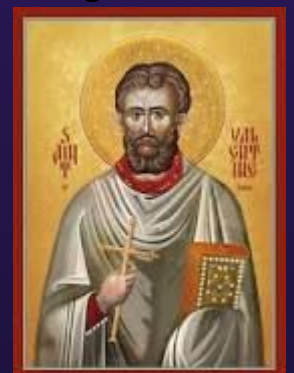
By: Reece
Winebrinner



History of Valentine's Day

Lots of martyrs of Christianity went by the name of Valentine, but Valentine's Day specifically honors St. Valentine of Rome and St. Valentine of Terni. St. Valentine of Rome was martyred on February 14, 269 AD, and St. Valentine of Terni was martyred on February 14, 273 AD. The birthstone of February is actually amethyst because St. Valentine of Rome supposedly always wore a purple amethyst ring.

By: Logan
Pumfrey



Top Ten Cutest Dog Breeds

1. Maltese
2. Corgi
3. Pomeranian
4. Huskie
5. Beagle
6. Shiba Inu
7. Shetland Sheepdog
8. Dachshund
9. Dalmatian
10. Cocker Spaniel



Maltese



Corgi

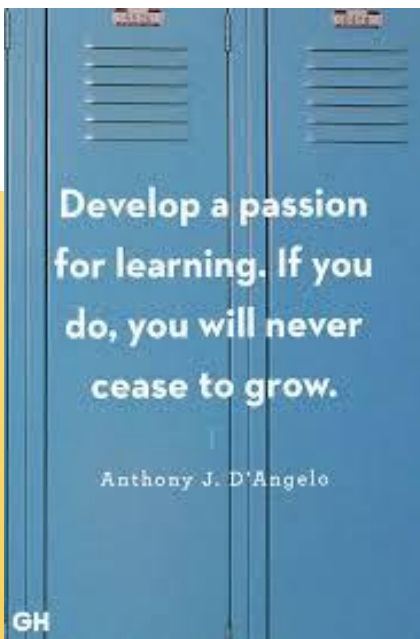


Pomeranian



By: Carissa
Sprinkel

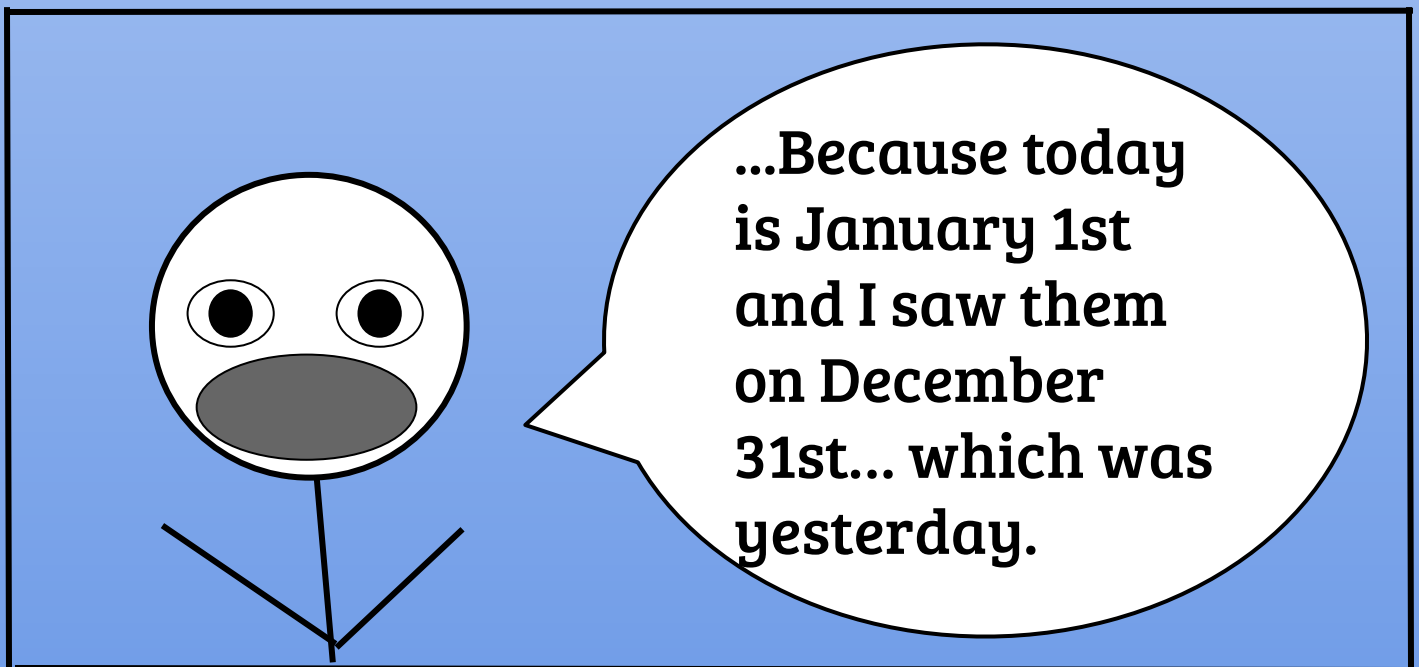
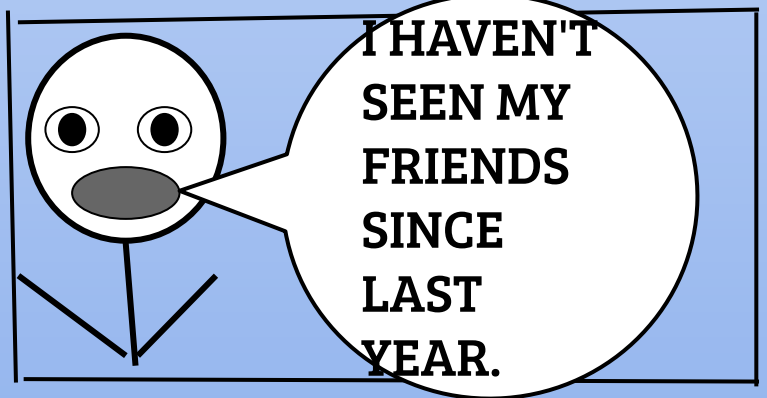
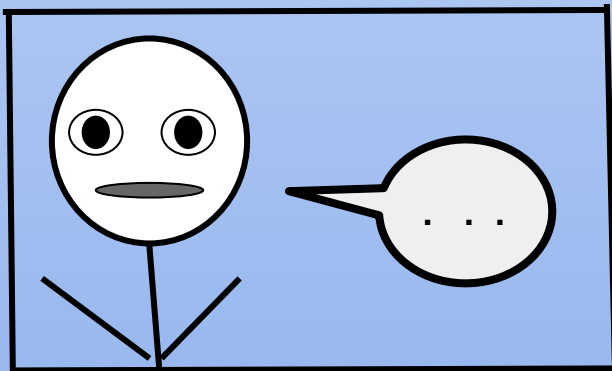
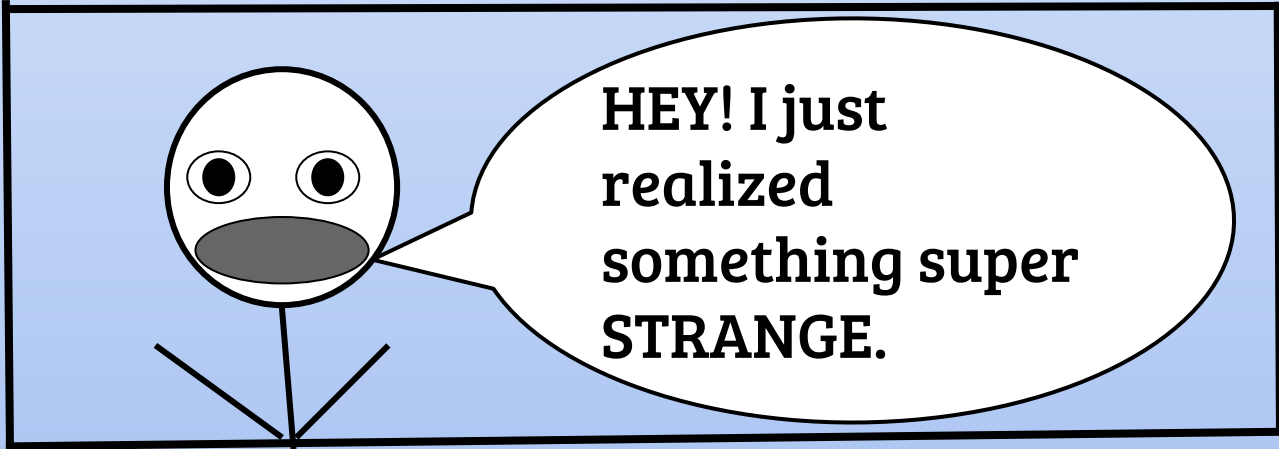
Inspirational Quotes



By: Reece
Winebrinner

Comic Section

Sydney
Loeffler



Corny Pick-Up Lines

1. If looks could kill, then you would be a weapon of mass destruction.
2. Your so sweet you give me a toothache.
3. Is your name Wifi because I'm feeling a connection
4. Are you from Tennessee? Cause you're the only 10 I see.
5. On a scale of 1-10 you're a 9 and I'm the 1 you need.
6. Are you Israeli? Cause you Israeli hot.
7. Are you Australian? Because you meet all of my koala-fications.

LJHS Scratch Cooking: Student Interviews:

****Lexy Boyer, a 6th grader, is getting interviewed about our LJHS wonderful scratch food. being served this school year.*

1. What do you like about the scratch program?

Lexy: I like how we get healthy options for our lunches, but my favorite part is all of the fresh fruits and vegetables that we get.

2. What is one food you like them to make?

Lexy: I like them to make the hamburgers best!

GO SCRATCH COOKING AT LJHS!!

Continuing Lexy Boyer's interview on LJHS's Scratch Cooking...

3. What is one thing you wish they served more?

Lexy: I would like to see more strawberries.

4. How long do you think it takes them to make the food?

Lexy: Like, 2 hours (?)

5. Do you always eat the school food?

Lexy: Yes, I do.

GO SCRATCH

COOKING AT LJHS

LJHS CIRCUIT RIDER

Scratch Cooking Student Interviews

Today we are interviewing Jasmine Raymond about the new Scratch Food.

***What do you like about the Scratch food?**

- It is better for us than the old food.
-

***What is your favorite Scratch food?**

- The cheese burger.

***Why do you like it so much?**

- It taste really good and has flavor.

***Do you always eat school food?**

- Yes.

***Why is Scratch food important?**

- It is better for our health. It also helps us grow.

By: Reece Winebrinner

Scratch Interview with Maddie Bohannon

**Q: What do you think of the new
Scratch foods?**

**A: I think they're good and better than
what we had. I'd say the best remade
food was probably the burger and
fries.**

New Scratch Food!!

****Questions answered by LJHS Cook Jenni Molbet*

1. **What is scratch cooking? It means that we are doing everything homemade with fresh material; it also means that the meat and vegetables are locally sourced.**

BY: JACK SOLOMAN

2. **Why did you start scratch cooking in the school? To get a wider range of food for the kids, so it's not just fast and easy food.**

3. **Where do you get the fresh food from? It comes from local farms, not just in Lincoln but all over central Illinois.**

4. **What kind of extra time does it take to prepare scratch foods? It takes a lot; we have to prepare stuff a few days ahead. Something that we have to make a few days ahead is the new marinara sauce.**

5. **What are your personal favorites regarding taste? I love the marinara sauce with fresh garlic and tomatoes.**

6. **What are the easiest to prepare? (easiest) The fruits because we basically just wash and slice them.**

7. **Do you think the students like the foods? I think the majority do. I really wish more students would at least try the new food. It's like going to your grandma's house and tasting a new turkey at Thanksgiving.**

SCHOOL LUNCHES: Scratch vs Processed

As you all know, The LJHS Kitchen Staff is making the food for lunch and breakfast by hand. The reason why the district went to the scratch cooking was because of the health benefits to the students. By: Jack Soloman

Processed foods do not have the same health benefits that fresh, scratch cooking has. Although scratch cooking requires more time during food preparation, the district felt the health benefits of fresh food outweigh the additional time it takes to prepare. We agree!



Valentines Day Shout Outs!

To: Aidan Craine 2nd hour

Hope you have a great day.

-Anonymous

To: Aidan Gowin

Thanks for always being there for me! I hope you're having a great day!

-Anonymous

To: Alex R

You're a good friend.

-Derp (Billy Bobby Brown)

To: Alexis Rehman 3rd hour

"Don't touch my Alexis."

-Ashtyn Gannon

To: Alissa Baldwin

I never want you to forget that you're beautiful. I've had a crush on you since Bryn Bryn's party. You're so amazing, and I love when your name pops up on my phone; I love talking to you. You're so caring and easy to talk to.

-Secret Admirer

To: Carson Franz



You are really cool and nice. You also have a tire swing. I have a tire swing. Mine is better.

- Anonymous

To: Carson

Your jokes are freaky fresh.

- Nate Stuckey

To: Christian Brown

You are good at basketball.

- Anonymous



To: Tabatha Gee

I hope you have a great day.
You're so sweet and nice!

-Anonymous



To: Tabatha Gee

Have a great day, you make
me smile.

-Anonymous

To: Talan Harberts

Thanks for being a tall, good
friend.

-Anonymous

To: Christian Brown

I hope you have a great day, I appreciate your kindness.

- Anonymous

To: Claidyn Bottoms

You're fun, and it's fun to hang with you; your smile always brightens my day.

- Anonymous

To Claire:

Have a good day!

- Luke G.

To: Claire

**You are so smart and funny.
You are nice to people. Also, you
are beautiful. Stay happy and
don't let people drag you down.
Have a great day.**

- Anonymous

To: Colbie and Aiden

**Roses are red, Violets are
blue, I love Colbie and Aiden too.**

- Anonymous

To: Colbie, Wyatt, Aidan, Talan,

Roses are red, Violets are blue, I love Colbie, Wyatt, Aidan, and Talan too. You guys are the best.

- Anonymous

To: Colbie Glenn

I hope you have a great day! Roses are red, violets are blue, you look great today, and I like you! <3 By the way, I am the same person who gave you that candy gram! (It's not Wyatt)

- Anonymous

To: Connor



You are my friend.

**p.s. We have to write a
shout-out to someone.**

- anonymous

To: Connor Brummell

**You're a great friend, and I
appreciate you.**

- Laney Park

To: Corinne E.

Have a good day.

- Sadee

To: Emma

Thank you so much for talking to me on my first day. I was super nervous and scared. Anyway, I hope you have a fantastic day.

- Anonymous

To: Emma Petro

Please don't move schools! I am going to miss you!

- Anonymous

To: Emma Robinson

Dear, best friend, I hope you have a good day. You're my favorite person ever. You always make me laugh when I'm going through some really hard times. I'll always be here for you; keep your head up.

- Anonymous

To: Emma Sanders

I hope you are having a really good day!

- Anonymous

To: Ethan

You're an amazing person.
You are so sweet. :) You literally
make me so happy. Thank you
for everything you've done.

- Lizzie

To: Mrs. Jones

Happy Valentine's Day!
-Love Ivy Sandal (your fav
student)

To: Mrs. Fish

Your the best person in the
world.

-Love Emma Vannoy



To: Evan Crawford





What's up? I just thought I would tell you that you are an amazing drummer and are amazing and super cool. You are one of the greatest drummers, right along with Neil Peart, from Rush. Keep Rockin'!

- Jack S.

To: Ethyn

Hello, it's anonymous, and I'm here to say you make my day. You are honestly funny, but sometimes you take it too far; you are a good student, but you slack sometimes, but it's okay. Have a nice day.



To: Ethan Grover

You come into school every day with a smile on your face and something nice to say; keep your head up!

-Anonymous :)

To: Adi Eads

Thanks for being so nice. Have a good day.

-Sincerely Karina Baker

To: Claire

You're so nice!

-Anonymous

To: Ben Crombie

You are CrAzY!

From, Laney Park

To: Billy Bobby Brown

You're a good friend!

From, Ghost

To: Brenna Cordell

You're a super cool person, and I love being your friend. Also, your hair is always so great! Have a great day!

From, Anonymous

To: Brooke Anderson

Have a very great day. I hope it is filled with smiles and joy. So keep on shining like the bright star you are.

From, Anonymous

To: Brynley

You are my best friend and I just want to say you are truly amazing, funny, hard working, pretty, and just all around perfect! You are such a great friend; we have been through a lot, but I am glad we are still best friends. You are so important to me and impact my life a lot. I just want to say you are one of the best people I know and you stay exactly the way you are!

From, Kion Carson

To: Hayden Michael Walters

You're my favorite person in the whole wide world. I love your personality and your lovely family.

- Alexa Kelley



To: Hailie

I love you, and I hope your year has been good! Stay strong, best friend. You're a great person, and I'm glad that we've gotten so close.

- Rayna

To: Hayden

You make football so fun. You are cool to hang out with. Start off the second half of school with a good start.



- Donovan

To: Hayden

You are going to be my bro for the rest of my life. Yes, I might make a lot of jokes about you, but I don't mean it. You are good at basketball. Have a good year.

- Aiden C.

To: Hailee Koontz

You and your smile brighten my day every time I see you.

- Anonymous

To: Konnor

I hope you have a great day.

- Anonymous

To: Mr. Kavelman

Hello! You've done so much for your students, and we all appreciate it. Thank you!

- Anonymous

To: Konnor Passwater

Thanks for being a great friend and making me laugh.

- Anonymous

To: Damian

Roses are red, you are my favorite. Be good and have a good day :) - Makenya

To: Brynley

I don't even know where to start; we've had so many memories. We probably couldn't count all of them. You are my best friend, and I couldn't wish for a better one. I know it's kind of short, but I love that you are my friend, and I hope we have even more amazing memories along the way.

From, Alissa

To: Brynley Laubenstein

You are a great person, and you always make me laugh.

From, Anonymous

To: Angel Rude

I hope this year treats you well and you have fun while 8th grade is here. You have been there for me since day one. I will always remember you through everything, even if we get mad and fight with each other.

-Your Best Friend

To: Ashtyn Gannon

Hi Ashtyn. I hope you have a great day. Just know you're amazing and beautiful. Also, you will get your gift soon. Okay, bye now.

-Anonymous

To: Austin Polen

You are a great friend, and I love having you around to talk to. I feel like I can't get through this school year without you.

-Anonymous

To: Autumn Strohl

Your smile lightens the room by 1000. You make me so happy.

-Anonymous

To: Autum Osland

I'm sorry if I make you mad sometimes. You are my best friend forever. I don't ever want to lose my best friend. If you are sad, come talk to me. You always have my back when I need it. I promise you I will help you graduate this year. If we fight, I will say sorry. You are an amazing friend. Thanks for being there for me.

-Your Best Friend

To: Avery Rawlins

Hope you have a great day and a great week. Love you.

-Your bestest friend Oliviah Wilkerson



To: Emma Robinson

Thank you for being there for me! I love you!

-Deziray

To: Dylan Gowin

I hope you have a great day! You are my bestie! Not Claire's!

-Anonymous

To: Mrs. Dawson

I'm gonna write 14 reasons why I love you and that you're my favorite.

1. Because you are amazing.
2. You are my favorite.
3. You love everyone the same.
4. You are always smiling .
5. You always have jokes
6. You are always happy.
7. We all love you.
8. You are fun and funny.
9. You are always looking good.
10. You look like you are 28.
11. You are beautiful.
12. You are always working for us.
13. You make me smile all of the time.
14. I love you!



-Madison Bohannon

To: Everyone at LJHS

I appreciate you all, and you are special. Never give up hope and try your best on everything. I love you all, and whenever you feel down, remember you are all beautiful unicorns. You are rare.

-Anonymous

Dear Lillian Manuel,

Thank you so much for being my friend. I had a very nice time hanging out with you during reading. Have a great day! If you don't know who this is from, it is quite obvious.

-Anonymous

To: Mr. Lanning

I hope your day is going great! Don't forget your 1 inch, 3 ring binder!

-Emma Petro

To: Madison Bohannon

Roses are red

Violets are blue

I'm lucky to have
a friend like you

-Anonymous

To: Nate

Your glasses make you look like a cool doctor dude!

-Anonymous

To: Mrs. Ramlow

Thank you for all of the help through the first and second quarter and last year, too. You are one of my favorite teachers.

-Anonymous

To: Mrs. Ramlow

Thank you for all you do. You have helped me though so many things. You have made me a better person and reader. I hope you have a great rest of the year.

-Anonymous

To: Rayana W.

I love you best friend! Thank you for being my best friend! Thank you for being my best friend and helping me out. mom and dad said "hi." p.s. I really like Payton.

- Anonymous

To: Sandy Parody

Happy Valentine's Day!
Thanks for being a good friend

- Anonymous

To: Ryan Fruge

Merry Halloween! Have a good Halloween.

- Corbin O'Grady

To: Mrs. Singleton

I have noticed that your class has been stressing you out, but you need to know that your class is very excited to be in your class. I was in your class in 6th grade, and I know that you are the best teacher ever.

You're smart, funny, and an amazing teacher. Keep your head up because I came here to help you in study hall as usual.

-Lauren Ewins

To: Gabe Salami (Sarabia)

You are fast at solving rubix cubes.

-Anonymous

To: Officer Fruge

I want to thank you for doing everything that you have done for this school and for me. I know I don't say it, but I love you.

-Anonymous

To: Kenny Gray

Thanks for making me laugh
in history!

-Anonymous

To: Kylie Boyer

Thank you for being such a
great friend to me. You've
supported me throughout
everything, and I really
appreciate it.

-Tamari

To: Adi

You have been my best
friend since day one. Thank
You.

-Savannah

To: Kylie Boyer



You wrote a nice note to me, so it only seems fair. You are really kind to me and help me a lot in History. You make History a lot easier. Thank you.

- Anonymous



To: Kasey

You're a great friend and a great Call of Duty player, too. I know you can graduate 8th grade this year, so keep trying. GO BEARS!!

From, Anonymous

To: Joe

Have a great day Mr. Joe.

From, Anonymous

To: Mr. Jones

You're my favorite teacher. You're a really great math teacher. I love your class! Thanks for everything!

From, Lizzie

Dear Tamari,

You are one of the greatest friends that I have ever had! You make me laugh all the time, and I'm glad that you're my best friend.

-Anonymous

To: Taryn

You're cool.

-Anonymous

To: Telsi Harvey

Roses are red,

Violets are blue,

You are my cousin,

So I have to love you!

(as a friend though)

 You're an amazing
cousin :)

To: Telsi Harvey

I hope you have an amazing
day! Keep your head up! Don't
let anyone bring you down!

-Anonymous

To: Tristyn Barger

Have a good day, and I hope it even gets better.

From, Anonymous



To: Trint Miller

I hope you have a great day.

From, Anonymous



To: Adi Eads

You are amazing!

From, Lexy Boyer



To: Jayden BALLard and Mrs.
Boeme

Thanks for being nice.

From, Karina Baker

To: Jianna

I know I don't say this as much, but I love you. I'm not the best friend in the world, but at least I try.

Love, Analya

To: Laney

You're cool.

From, Anonymous

To: Mr. Lanning

You're a great study hall teacher for my study hall.

From, Anonymous

To: Laney Park

Roses are red, violets are blue, you are amazing, and I love you.

From, Anonymous

To: Mrs. Workman

You are my favorite teacher. Your class is so much fun for me, and you make me laugh everyday. I am really sad that I have to go to highschool next year because that means that I won't get to come to your class anymore.

From, Avery Rawlins

To: Mrs. Workman

I hope you have a great day. You are the best teacher. You are so funny. You are my favorite.

From, Anonymous

To: Mrs. Workman

Thank you for teaching us!

From, Izzy

P.S Have a great day!

To: Wyatt Gross

You are bad, bad, bad, and bad.



From, Gabe

P.S The bads cancel eachother out. So you're not bad :)

To: Wyatt Mammon

I just want you to know you are a very nice person. BTW, I like you..

From, Your secret admirer.

To: Mr.Deneke

Thanks for being the greatest geography teach ever. I'm going to miss you next year.

From, Riley and Teagan



To: Kani

Hi!

- Anonymous

To: Jack Morgan

I wear crocs better, lol.

- Anonymous

To: Myra Brown

**You are my bff and the best
sister I ever had.**

- Precious

To: Emma Menzel

Happy Valentine's Day! <3

- Anonymous

To: Audrey

You have been one of the greatest friends I could ask for.

Love, Riley

To:Teagan

You have the most beautiful eyes I have ever seen.

Love, Riley

To: Ariaiah Buggs

Hey, it's me. Well you know me, but let's see if you know who I am. Well anyway... I just wanted to let you know you're amazing, sweet (depends on your mood). Don't let anyone bring you down.

From, Your Best friend

To: Kani Carson



Happy Valentine's Day!



- Anonymous

To: Kenny Gray

You're so funny!

- Anonymous

To: Ally Meagher

Hi, I'm better, just kidding.

- Anonymous

To: Mrs. Singleton
Happy Valentine's Day!

- Ivy Sandel
(Your
favorite
student)

To: Abby Agee

Hi, Goofy! I miss you.

- D.B.

To: Addison Rawlins

You're the best sister.

- Brenley

To: Makenya Brown

Thank you for being the best person ever.

- Karina Baker

To: Finley Hewitt

You can't have any more of my oreos!

- Anonymous

To: Lexy Boyer

Thanks for being a good friend and old soft ball friend.

- Katrina Baker

To: Jordan Fulkerson

Happy Valentine's Day!

- Anonymous

To: Deegan Aeilts

I love you so much. You're my favorite sibling. I love your sweet hugs, You are so sweet to me.

sometimes you're a great role model for Tatum and I. You're such a great person. I love you so much.

- Your favorite Sister

To: Ryne,

You have been a really good friend to me, and I want to say thank you for that. I hope we can continue to be friends and hang out more. You care about me and you are the best person that I have been friends with. You're funny, kind, and caring. Thanks for being a good friend to me.

from: Shaniya
Flemming

To: Maliah

Hi, Maliah, how are you? I know you're funny and fun to hang around; you may know who I am...

From: your friend

To: Ryan Gowin

You are the best soccer player ever. You will make it to state for track.

- Anonymous

To: Adi Eads



You are my best friend. I count on you, even as a sister.

-Savannah Walder

To: Savannah

Thank you for all the fun you have with me and thanks for always being my friend.

- Karina

To:Gracie

What's your day like so far? Well you know me, I'm in your P.E. Let's see if you can spot me. Don't ask everyone; look close and you'll find me. Anyway, hope you're having a great day! If not, I hope this makes your day. You're an amazing person with a great personality.

From, Your friend

LJHS STUDENTS: BE Aware of Wasting Food to keep District Costs Down and Save Our Environment too!

We measure two types of waste:

******Overproduction waste**

******Plate Waste**

******Overproduction waste** is the waste that the kitchen produces when making a meal. The cooks weigh the ingredients before service and after service to see if they made too much. Making too much food is an issue because it represents a financial loss and it contributes negatively to the environment. So we are trying to decrease overproduction waste. Our goal for this project is to get overproduction waste down to 5% or less . by May 2020.

*******Plate waste** is the waste that students throw away after meals. You could also refer to it as "**tray waste**" - it is all the food left on the tray that a student doesn't eat and goes into the garbage.

- We ask that students **sort between non-food and food waste**. The custodians then weigh the food waste (this is the poundage represented in the spreadsheets).
- The food waste is an indicator of whether students like the food - we are measuring this waste to track likability, or what we call "eater satisfaction." How satisfied are students with the food? One way of finding this out is by surveys (which we are also doing via googlesurveys, so it is super important that students participate in these surveys!)
- Another way is to actually measure the waste and then correlate the leftover poundage/weight with the menu items to see if there are trends.

Example: On December 3rd, for example, we know we served for breakfast a from-scratch meal of Scrambled Eggs and Sausage Patty. We look at the other days we served this dish too, and compare the waste measurements from that day to the other days - to see if the poundage of waste goes up or down or stays around the same.

I would love if students would help us with this analysis too!!

Our goal for plate waste is a 20% decrease from our baseline,

Breakfast: 2.3 oz

Lunch: 4.2 oz per student.

STUDENTS: The other reason we want to separate out our waste is make all of us aware of how much food that is being thrown away and to think about the environmental and social impact of that - where does this uneaten food go? Where could it go? How does this impact our food system and our environment? LET'S SUPPORT OUR SCHOOL and ENVIRONMENT and TRY TO NOT WASTE OUR FOOD!!



Peace Out!!

By: Jack
Soloman

It is time we say our goodbyes: Do widzenia, Do svidaniya, Zbogom, Zaijian, Viso gero, Adios, Farvel, Ha det, Aloha, Tam biet, Au revoir, Xayr, Veloma, Mir napolje, Amani nje, Auf wiedersehen, and Antio sas.

P.S. Hope you guys enjoyed the edition. See you next time!!