



LJHS Circuit Rider's
April 2019
Spring Edition



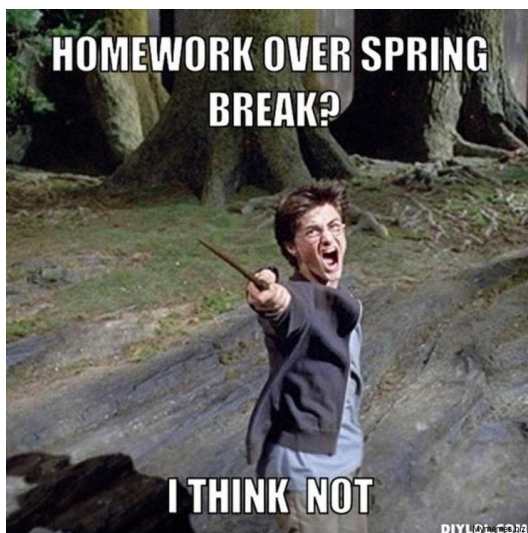
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Editors' Page

Taylor- We are almost done with Circuit Rider. This makes me so sad but also happy that summer is just around the corner! I think, I can say for the majority of us spring break and summer break sounds amazing. I hope you enjoy all the blood, sweat, tears, and finger cramps we put into this issue, and I hope you guys are ready for SPRING BREAK!!!!!!!

Marissa- I can't believe that Circuit Rider is almost over. This also means that the school year is also almost over. I am sad, but I am also happy because summer is so soon. I also can't wait for spring break to come because that is only 2 weeks away. We all hope you enjoy this issue of Circuit Rider.



Staff Page

Editor's

Taylor Bean
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Staff

Gwen Gill
Jenny Martens
Hattie Mourning
Zachary Sparks
Mckenzie Worth

Sponser

Mrs. Workman

Calligraphy

Calligraphy is a style of writing was first used during the 1st century A.D. by the Romans. Near the end of the 1400s. People wanted a simpler way to write. Calligraphy started to become less and less important. Eventually, in 1900, Edward Johnson started to bring back calligraphy.

Famous Birthdays in April

April 1 - Logan Paul	April 18 - Sofia Grace Brownlee
April 2 - Daniel Seavey	April 19 - Loren Gray
April 3 - Brennen Taylor	April 20 - Gigi Gorgeous
April 4 - Hayden Summerall	April 21 - Thomas Doherty
April 5 - Tessa Brooks	April 22 - Tommy Hembrow
April 6 - Peyton List	April 23 - John Cenna
April 7 - Gracie Haschak	April 24 - Casper Lee
April 8 - Skai Jackson	April 25 - Joslyn Davis
April 9 - Gerard Way	April 26 - Channing Tatum
April 10 - Sofia Carson	April 27 - Markie Werox
April 11 - Sebastian Moy	April 27- Marissa Dobbels
April 12 - Brendon Urie	April 28 - Melanie Martinez
April 13 - Dylan Conrique	April 29 - Sketch
April 14 - Abby Franke	April 30 - Travis Scott
April 15 - Emma Watson	
April 16 - Selena Quintanilla	
April 17 - Devan Key	

Easter 2019

Easter 2019 is on Sunday, April 21. This holiday is celebrated because that is when Jesus was resurrected. Easter is celebrated all around the world, with many different traditions. Many churches in the U.S. will have a church day for Easter Sunday. Also, many people decorate eggs, along with organizing an Easter egg hunt.



A WALK THROUGH FOOD

What are we putting in our bodies anyway?

Did you know that sugary drinks cause about 184,00 deaths per year? I know that I didn't; at least not until recently. In the eighth grade science classes we spent some of our class time watching a food documentary called *Fed Up*. From 1977 to 2000 it's estimated that Americans have doubled their intake of sugar.

Sugar is taking its toll on our bodies. It is addictive to the human brain, causing you to come back for more.

Processed foods. Most people have heard of them before, but why did they come to be? In 1995 there was a document explaining how terrible fat consumption is for our bodies. We later took fat out of foods (processed foods), and it tasted like cardboard, so we replaced the fat with sugar.

When sugar goes through your digestive system your body has an overload of energy and has to store some of it as fat. The amount of sugar we eat a day is what has caused us to gain weight; even skinnier people can still be sick.

Exercise isn't helping. The world has told us to balance calories in to calories out, but it is impossible to catch up, as sugar can't be measured as calories.

Stop starving yourself!
Eat fresh food. Eat real food.
The first step to being healthy
is food without labels



10 OF THE MOST POPULAR KID CARTOONS

1. Spongebob Squarepants



2. Star Wars Rebels



3. Miraculous: Tales of Ladybug and Cat Noir



4. My Little Pony: Friendship is Magic



5. Star vs the Forces of Evil



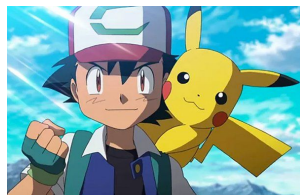
6. Gravity Falls



7. PAW Patrol



8. Pokémon



9. The Amazing World of Gumball



10. Teenage Mutant Ninja Turtles (2012)







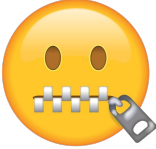



Avengers: Endgame

“Avengers: Endgame” is a new Marvel movie releasing on April 26, 2019. This movie is a Part 2 to “Avengers: Infinity War.” The trailer has brought up speculation that Captain Marvel, another Marvel movie that has been released, will be in the new Avengers movie.



The Circuit Rider unofficial official emoji dictionary

Emoji and name	Definition
smiley with hands 	Jazz hands or Waving hi
Clapping hands 	Applauding someone or clapping with angry, if used in anger it is usually put in between words.
Flushed face with popping eyes 	Embarrassed or scared
Hands shaking 	Making a deal or an agreement
Balled up fist 	Wanting to punch someone or congratulate them with a fist bump
Skull emoji 	Feeling dead or laughed so hard they died
Zipper face emoji 	Keeping a secret
No mouth emoji 	no words or stuck in a wow moment*

*In awe or shock

Easter Gift Ideas



BAND OF THE MONTH

The Jonas Brothers

Meet the band

Kevin Jonas(31 years old)

Joe Jonas(29 years old)

Nick Jonas(26 years old)



The *Jonas Brothers'* fame started on Disney Channel. They had their own show for a while(2009-2010). They started in 2002 but broke up in 2013. They made their comeback this year, 2019. They made a song together called "Sucker." This song was released on February 28. The *Jonas Brothers* sung a song called "Year 2019" with James Corden on *The Late Late Show*. It was a parody to the song "3000" by *Busted*.

April Fools

April Fools' Day or April Fool's Day is an annual Western celebration commemorated on April 1st by playing practical jokes and spreading hoaxes. The jokes and their victims are called April fools. People playing April Fool jokes often expose their prank by shouting "April fool" at the unfortunate victim.

Ideas for Easter Baskets



Student Interview

Payton Johnson 8th grade

What weird food combinations do you enjoy?

I don't know; I eat my food like a normal person.

Do you have a favorite pick up line?

There's 21 letters of the alphabet

Oh sorry, I forgot U R A Q T.

Are you excited for Spring Break coming soon?

Yes

What is your biggest fear?

Not playing fortnite.

What is the most expensive thing you have broken?

Nothing, I'm perfect.

If you could have a celebrity narrate your life, who would you want to do it?

Morgan Freeman

What's the strangest conversation you have overheard?

The one where my parents said that I was adopted.

Would you make a good roommate or a bad roommate?

Bad roommate, because I am.

What is your favorite song?

The Pokemon Go Kid song.

What is your favorite accent?

English



Student Interview

Brylney Laubenstien 7th grade

What weird food combinations do you enjoy?

I don't know.

Do you have a favorite pick up line?

No

Are you excited for Spring Break coming soon?

Yes!

What is your biggest fear?

Dying

What is the most expensive thing you have broken?

My old phone

If you could have a celebrity narrate your life, who would you want to do it?

Kane Brown

What's the strangest conversation you have overheard?

I don't Know

Would you make a good roommate or a bad roommate?

I'd make a good roommate.

What is your favorite song?

Heaven by Kane Brown

What is your favorite accent?

British



Student Interview

Ally Meagher 6th grade

What weird food combinations do you enjoy?

I don't really have any.

Do you have a favorite pick up line?

If there wasn't any gravity on Earth, I'd still fall for you.

Are you excited for Spring Break coming soon?

Yes!

What is your biggest fear?

Dying

What is the most expensive thing you have broken?

A phone

If you could have a celebrity narrate your life, who would you want to do it?

Cole Sprouse

What's the strangest conversation you have overheard?

I don't know.

Would you make a good roommate or a bad roommate?

A good roommate

What is your favorite song?

Boy by Lee Brice

What is your favorite accent?

British



Jokes for awkward moments

Warning: do not read in a quiet environment. This page may cause symptoms of silliness, which may include intense laughter, watering of the eyes, .

If you get hit in the head with a coffee cup, are you being mugged?

Velcro, what a rip off.

I'm super friendly with the 25 letters of the alphabet.
I just don't know why.

Need an Ark?
I noah guy.

What kind of cats like to go bowling?
Alley Cats

I'm addicted to brake fluid, but I can stop anytime I want.

Unemployment is just not working for me.

You heard the rumor about butter?
Never mind, I shouldn't spread it.

What do you call a dinosaur with one eye?
A do-you-think-he-saur-us

There was a kidnapping at school yesterday.
Don't worry, though, he woke up.

Where do robots go for fun?
The circuits.

What did the ghost say to the wall?
Just passing through.

What mushroom likes to party?
Fungi!

Circuit Rider animal definition

Squirrel- rodent with bushy tail and likes nuts / someone who can't sit still and really nutty

Zebra- a striped horse / an openly honest person.

Lion- big hair person / big hairy animal that likes to be warm and eats people / a very brave person / stands up for themselves and others.

Moose- Sam Winchester / big muscular man / big fat deer with big antlers.

Python- Snakes you see at school / fake friends that stab you in the back / a vicious snake that may potentially kill you

Panda- A bear that can kill you / cute but very vicious

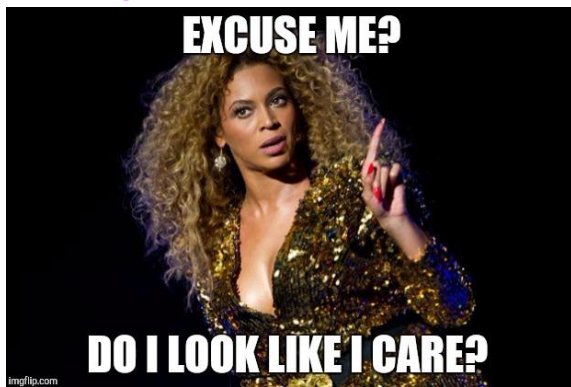
Xoloitzcuintli - hairless Mexican dog / an ugly person

Chinese crested (hairless)- ugliest hairless dog/ scary hyenas / a really mean mean, short person or ugly person

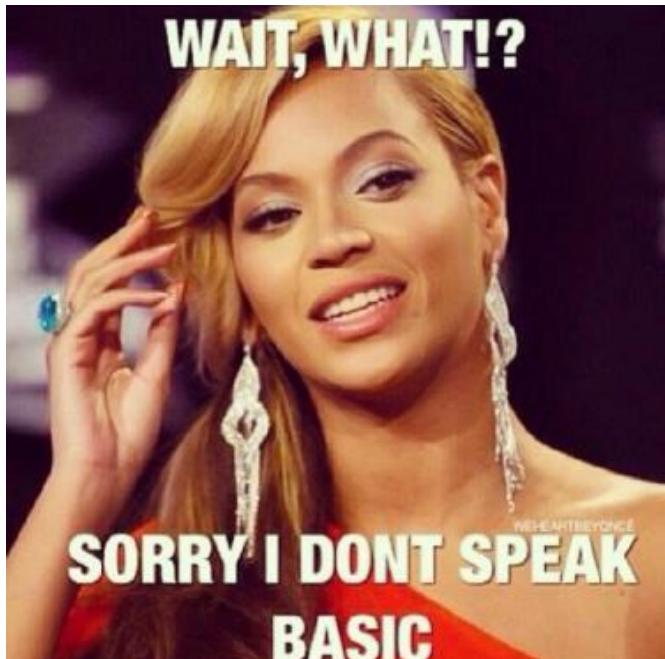
Fun facts to blow your mind

1. If you somehow found a way to extract the gold from the bubbling core of our Earth, you could have a layer of gold on all the lands that goes up to your knees.
2. You burn more calories sleeping than you do watching tv.
3. A single cloud can weigh more than 1 million pounds.
4. You cannot snore and dream at the same time.
5. 10% of the world's population is left handed.
6. Honey never spoils.
7. Ketchup was used as a medicine back in the 1930's
8. The word "gorilla" in Greek comes from a greek word meaning "A tribe of hairy women."
9. A swedish lady lost her wedding ring then six years later she found it growing on a carrot in her garden.
10. If 33 million people held hands, they could surround the equator.
11. Cows kill more people than sharks do.
12. Saturn's density is low enough for it to float in water.
13. In France, it is legal to marry a dead person.
14. Women have twice as many pain receptors than men, but have more pain tolerance.
15. The word "almost" is the longest word in the English language that is in alphabetical order.
16. 2013 was the first year since 1987 to feature four different numbers.
17. The least successful Harry Potter movie made 90 million more than the most successful Twilight movie.
18. A group of pandas is called an embarrassment.
19. You are reading this.

Beyonce is here to cheer you up



this is literally Beyoncé's face as she is plummeting off a building & I'm here laying down in bed with a double chin



FunnyBeing.com



@xxMERE · 8h
When you realize **Beyoncé** made you leave ur man & meanwhile she was getting pregnant by hers.



3 391 727



memegenerator.net

Students of the Month



8th Grade

Jaron Woods
Justin Goforth

7th Grade

Emma Petro
Corinne Ewenson

6th Grade

Sydney Loeffler
Rylee Carrillo

PARCC Motivation

You decide your own
fate, so believe in
yourself.

Don't stress
Do your best
And forget the rest.

It may be hard, but it
will be worth it.

Strive for progress
not perfection.

Success is the sum of
small efforts, repeated
day in and day out. -
Roland Collier

A good laugh and a
long sleep are the two
best cures for
anything.

Trust yourself. You
know more than you
think you do.- Dr.
Spock

Change "I can't" to "I
can" because you can!

If you try, you are
already ready halfway
to success.

Things To Do During Spring

1. Plant something green
2. See the cherry blossoms
3. Have a picnic at the park
4. Find the first crocuses and snowdrops
5. Jog outside
6. Take a hike
7. Play softball
8. Ride a bike
9. Sit outside at a café
10. Visit a farm to see the animals
11. Walk on a deserted beach
12. Play a round of golf
13. Go horseback riding

Dear Trojan,

1. I have a question. I have no friends and I would like to get some. How would I do that?

2. Dear, Trojans,

Why do I have no friends?

Dear Trojan,

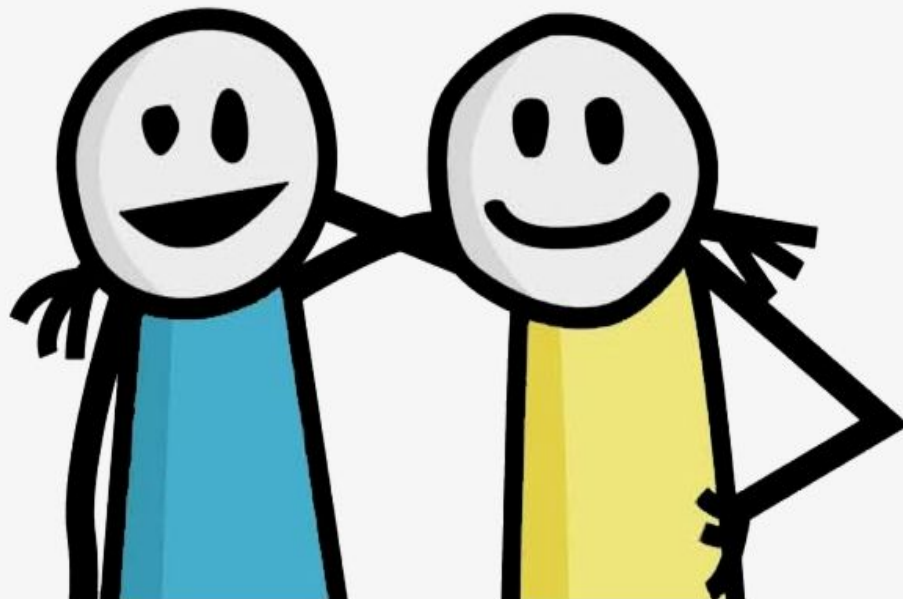
Why do I have no friends, besides Beau ♡♡

Well, one thing to try is to join a club or a sport. Most of the clubs have already been started; however, track is just starting, and that is a great place to make friends.

If you're not into clubs or sports, try just being yourself. Don't change your personality just to get the attention of someone. Sometimes, people just want to meet your true identity. So, don't hide your personality from the world.

Some people aren't going to want to be your friend, and that's okay. You have to learn that not everybody in the world is going to want to be your friend.

You're still discovering who you are, so you can't let your friends define you. Good luck!



Dear Trojan,

Dear Trojan,

I have a problem maybe you can help me with. I have a friend who is also close to another person I am friends with also. I noticed sometimes they talk to each other without me included, and I feel sometimes they may be talking about me to each other. One time one of them mentioned something about me that they said to each other, sort of trying to antagonize me into talking about the other one. It bothers me because I thought they were my friends; however, I am not so sure now, and I don't know what I would. Should I talk to both of them and tell them it bothers me that they may be talking about me in a negative way and trying to get me to say negative things about the other, or should I ignore them, and possibly find other friends who would both be more trusting and honest. We do have a lot of things in common, and sometimes both are really fun to be with.

Thank you, Confused and Upset

Sometimes, you have friends that don't always support you or don't care about you the same amount as others. If you notice that they are continuing to talk about you, you should find new friends or you should slowly stop being their friends. Maybe, they will change.

Dear Trojan,

I have two best friends, I hang out with often, yet I find it hard to find time to spend with each friend so the the other doesn't feel left out. What should I do?

Signed,

Kitty Boy

P.S Dear Starboy rules!!!

When you have a smaller group of friends or just a few people you hang out with outside of school, it is normal for there to become problems when figuring out who to hang out with. It especially becomes hard when you do extra activities or sports. If your two friends get along try to hang out with both of them at once, but if you are only allowed to have one friend over you can alternate days. If they don't get along much then you should try not to make things worse and complicate things by making them hang out together. It's fine to want to hang out with one person more than another. It's also okay if you care about how another person feels, but you need to do what you feel right. If you want to hang out with one person hang out with them. If you want to hang out with another person then hang out with them. It should all be on you, and you shouldn't try to change who you want out with because someone might feel bad.

Dear Trojan,

Dear Trojan,

How am I supposed to pick up the floor when I'm standing on it?

Your fellow classmate,

Cereal

Well, you are not supposed to pick up the floor. If you really did to pick up the floor, try to get serval birds to help you like in Cinderella. The birds will pick you up and then you can pick up the floor.

Dear Trojan,

I don't understand my math homework, can you help me?

$$x/4 + 12 = 32$$

How would you solve this?

I think it is best if you ask a teacher for help. Don't be scared to ask your teacher for help that is why they are there. If you want, you can ask a classmate who understands it for help. Somebody is bound to be able to help you, but don't just get the answers because that doesn't mean you really learned it.

1. Rewrite the equation

$$x/4 + 12 = 32$$

2. Find a way to get x by itself. In this case, subtract 12 from each side.

$$\underline{x/4 + 12 = 32}$$

$$\quad -12 \quad -12$$

$$x/4 = 20$$

3. Step 3 has the same goal as step two; find a way to get x by itself. This time, multiple by 4 to each side.

$$\underline{x/4 = 20}$$

$$*4 \quad *4$$

$$x = 80$$

4. check your solution

$$80/4 + 12 = 32$$

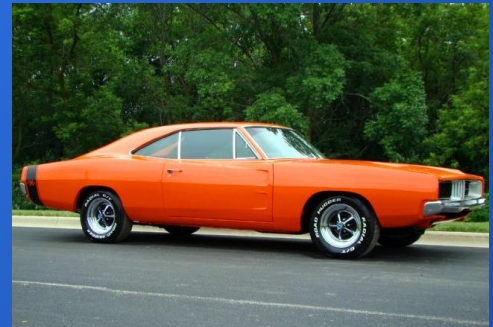
$$20 + 12 = 32$$

$$32 = 32$$



TOP 10 AMERICAN MUSCLE CARS

1. 1964 Pontiac GTO Tri-Power
2. 1971 Buick GSX with Stage 1 Performance Pack
3. 1970 Ford Mustang Boss 302
4. 1970 Chevrolet Chevelle SS 454
5. 1969 Chevrolet Camaro Z28
6. 1971 Plymouth Hemi Cuda
7. 1969 Dodge Charger R/T -SE
8. 1968 Shelby Mustang GT500-KR
9. 1969 Pontiac Firebird 400 Coupe
10. 1970 Plymouth Road Runner



April fools history



Some people think that april fools day originated in 1582. A prank included placing a fish on peoples backs and calling them "poisson d'avril" There is also a question that april fools is tied to the first day of spring, when mother nature fooled people with unpredicted weather.

Best Snack Foods

1. Doritos
2. Oreos
3. Pringles
4. Reese's Peanut Butter Cups
5. Goldfish
6. Cheetos
7. M&M's
8. Cheez-Its
9. Haribo Gummies
10. Fritos



HOW TO BE A SLY DOG!



Me_irl

